

Newsday

Cafe Spice: Attention Roosevelt Field shoppers

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Photo credit: Newsday / Erica Marcus

Shopping at the mall. Hungry. What to eat?

Came around the bend at the second-floor food court and saw Café Spice Express, an Indian food steam-table eatery recommended in Newsday's [guide](#) to eating at Long Island's food courts. I had the “manager’s special,” two vegetarian dishes — I chose dal makhani (simmered lentils) and saag paneer (fresh cheese suspended in spinach) — with basmati rice and a fountain soda for \$6.99. Everything tasted fresh, assertively spiced, entirely satisfying.

[Café Spice Express](#), it turns out, is a little Northeast chain that specializes in setting up eateries in shopping centers and university settings. [Jasmine](#), the pan-Asian cafeteria at the Charles B. Wang Center at Stony Brook, is also run by the same company.

Café Spice Express is in Roosevelt Field mall, 630 Old Country Rd., Garden City, 516-742-7411.